

# Women's Musculoskeletal Health: Physiology, Prevention, Treatment

SYMPOSIUM, MUSCLE FOCUS GROUP  
28 September 2026 15:00 - 17:00

## TENTATIVE PROGRAMME:

- **Kay Crossley** Womens musculoskeletal health. Preventing, treating and reducing the burden of knee injury
- **Lisa Tønning** Hip pain in young and middle-aged women
- **Joanne Kemp** Musculoskeletal health in athletic women. Hip and groin pain, treatment and return to sport
- **Inger Mechlenburg** Exercise for postmenopausal women with lower-limb and shoulder osteoarthritis
- **Mette Hansen** Diet trends and Weight Loss During Menopause: Impact on Muscle and Bone Health

### Venue:

Auditorium 1232-115  
Wilhelm Meyers Allé 3  
8000 Aarhus C



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